



WYFNC NETBALL PLAYER & PARENT COMMITMENT EXPECTATIONS

Netball is a team sport requiring all players to play and work as a team

As members of WYFNC NETBALL Squad:

PLAYERS MUST COMMIT TO

- Attending at least 75% of training sessions and games
- Arriving on time for training and pre-game warmups with your full water bottle and any required medications, for example Ventolin inhaler.
- Always bringing an enthusiastic attitude with you
- Letting your Coach and Team Manager know in advance if you will be absent for any training or game days
- Letting your Coach or Team Manager know as soon as possible if you are unwell
- Advising your Coach and the Club of any injuries or ongoing medical conditions and provide updates where needed
- Listening to your Coach's advice and instructions - it will lead to improved performance and enjoyment of the game
- Being attentive and training hard
- Asking questions! If you are unsure of a game rule or drill, please ask your Coach
- Abide by the WYFNC Netball Player Code of Conduct as below.

PLAYER CODE OF CONDUCT

WYFNC Netball Players are encouraged to:

- Recognise and appreciate the efforts made by coaches, parents, match officials and administrators in providing the opportunity for you to play, without them it would be impossible.
- Learn the rules of the game as quickly as possible to help better understand what is happening on the court.

WYFNC Netball Players should:

- Play because you want to do so, not to please your coaches or parents.
- Be attentive and train hard.
- Listen to the coach's advice and instructions – it will lead to improved performance and enjoyment of the game.
- Ask questions if you are not sure of a rule, a particular play or a drill or skill instruction.
- Be Proactive - additional practice outside of training is likely to improve your skills and development.
- Understand that you might not be happy with every decision made by your coach/s but part of playing quality netball is realizing you are part of a team and representing WYFNC. Every time you step on the court, be it at training or on game day; you should be giving it your best shot without disrupting others.
- Demonstrate respect for your teammates and your coach by playing hard for yourself and your teammates – both will then benefit – even if you are not playing in your favorite position! Remember no plays can be executed correctly unless all players are pulling together and working as a team.



- Respect and support umpires on and off the court, acknowledging that they, like us, can make mistakes.
- Recognise good play by all players on your team and by your opponents.
- Treat all players, as you would like to be treated.
- Be humble in victory and gracious in defeat.
- Adopt a "Strive to Win, Fight to Improve" attitude and leave the "Win at all Costs" attitude behind.
- Know that emotional outbursts or displays of bad temper or foul play will not be tolerated under any circumstances during games or training and may result in removal from the court

Parents/Caregivers must commit to:

- Helping / volunteering where needed. As we are a volunteer-based club, parents should be prepared to help out where needed, such as:
- Volunteering time at our Fundraising events.
- Volunteering time helping set up game day and removing post pads at the end of the day as well as packing equipment away.
- Consider volunteering as a Team Coach, Team Manager or Committee Member
- Keeping all comments positive at training and game days
- No sideline coaching
- Encouraging all netballers in a positive way. If you have to shout, make sure it is FOR your player, not AT your player
- Show sportsmanship for your children by treating all Coaches, Officials and Players of both teams with courtesy and respect - knowing that without them, your children could not participate
- Abiding by Parents Code of Conduct as below.

PARENT / CAREGIVER CODE OF CONDUCT

WYFNC Netball Parents are encouraged to:

- Acquaint themselves with the basic rules of netball.
- Familiarise themselves with the teaching and coaching methods which will differ according to age and ability.
- Become involved with the WYFNC, the committee encourages all parents to watch their children, take part in any club functions and to volunteer their assistance and expertise – the ongoing success of WYFNC is reliant on such help.
- Commit to paying your fees on time and understanding where your money goes.
- Familiarise themselves with your children's Coach and communicate with them where required and encourage your children to coach in instilling these values.

WYFNC Netball Parents should:

- Remember that your children play for their own enjoyment not that of their parents – encourage them to play netball but do not force them.
 - Be realistic about your children's abilities; do not push them towards a level they are not capable of achieving and remember there is always a mixed level of skill and ability in junior sport – netball is no different.
 - Respect the rights of the coach to make decisions regarding training methods; team selections and substitutions and game tactics unless they contradict the spirit of the game.
 - Refrain from instructing from the sidelines and making negative comments about coaching decisions within earshot of any player or the coach. If you believe there is a legitimate issue, please follow the correct protocol for effective resolution.
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Woori Yallock Football Netball Club

ABN:26561725346 INC:A0022388Z



President: Matt Herridge 0400 144 211
Secretary: Megan Britton 0408 380 605

- Know that persistent, negative messages will adversely affect the players, coaches and umpires' performance and attitude.
- Remember that young people learn much by example.
- Always show appreciation of good individual and team performance from all players – irrespective of the team for whom they play.
- Model sportsmanship for your children by treating all coaches, officials, and players of both teams with courtesy and respect – knowing that without them their daughter/s could not participate.
- Encourage and focus on hard work and honest effort and praise your children for competing fairly and trying hard irrespective of the result. Always provide positive feedback; interestingly constructive feedback is often better received when it comes from the coach and not the parent (it can make for a more harmonious trip home).
- Remain in control of your emotions.
- Teach your children to play by the rules and to resolve conflicts without resorting to hostility or violence.
- Encourage all netballers in a positive way. If you do want to shout, make sure it's **FOR** your player, not **AT** your player

PLEASE NOTE:

The policy will be updated and reviewed regularly as new technology and platforms emerge. Members including playing and non-playing who fail to comply with this policy may be the subject of disciplinary action including termination of their membership within the club. It is the expectation of WYFNC that all members, players, coaches and volunteers will promptly advise a member of the Executive Committee of any facts or circumstances which may suggest a breach of the policy. In circumstances where a member fails to comply with this policy, he or she may be asked to discontinue their association with WYFNC.

Below must be filled out by a person over 18 years of age. If you are filling this out as a guardian on behalf of an under aged member, please state the name the member you are representing at the bottom of the page.

I _____ hereby acknowledge that I have read and understood the above documentation including the expectations, codes of conduct and social media policies of the WYFNC.

Signature: _____ Date: _____

Gaurdian of: _____ (if applicable)

This document and/or an updated version of this document can be found on the club's webpage. It is also recommended that members retain a copy of this document for their own records.

All Correspondence to
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